



# Allergy Menu - Allergy Free Spring/Summer 2025

## Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	<b>Homemade Turkey Burger</b> Potato Wedges & Green Salad	<b>Veggie Bean Bolognese</b> Pasta & Sweetcorn	<b>Roast Chicken &amp; Gravy</b> Roast Potatoes & Carrots	<b>Chicken Wrap</b> Wholegrain Rice & Rainbow Vegan Slaw	<b>Cheese &amp; Tomato Pizza</b> Chips & Baked Beans
Allergy Free Pasta	<b>Penne Pasta with Homemade Tomato Sauce</b>				
Allergy Free Jacket Potatoes	<b>Crispy Skin Jacket Potato</b>				
Allergy Free Dessert	<b>Fresh Fruit Salad</b>	<b>Jelly</b>	<b>Chocolate Bricks</b>	<b>Apple Crumble</b>	<b>Orange Cookie</b>
<p>Please ensure dishes in this menu are created using the relevant recipe book for this allergy. Dishes highlighted in orange are different to the core menu.</p>					

Ready to  
serve





# Allergy Menu - Allergy Free Spring/Summer 2025

## Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	<b>Homemade Sausage &amp; Onion Gravy</b> Mash & Peas	<b>Cheese &amp; Tomato Pizza</b> Rainbow Vegan Slaw & Sweetcorn	<b>Roast Chicken</b> Roast Potatoes Cabbage & Gravy	<b>Vegetable Korma</b> Wholegrain Rice & Roasted Carrots	<b>Cheesy Bean Wrap,</b> Chips & Baked Beans
Allergy Free Pasta	<b>Penne Pasta with Homemade Tomato Sauce</b>				
Allergy Free Jacket Potatoes	<b>Crispy Skin Jacket Potato</b>				
Allergy Free Dessert	<b>Jelly</b>	<b>Fresh Fruit</b>	<b>Chocolate Bricks</b>	<b>Vanilla Shortbread</b>	<b>Orange Cookie</b>
<p><b>Please ensure dishes in this menu are created using the relevant recipe book for this allergy. Dishes highlighted in orange are different to the core menu.</b></p>					

**Ready to  
serve**





# Allergy Menu - Allergy Free Spring/Summer 2025

## Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	<b>All Day Breakfast</b> Homemade Sausage Roll, Hash Brown & Baked Beans	<b>Turkey Bolognese</b> Pasta & Carrots	<b>Roast Chicken &amp; Gravy</b> Roast Potatoes & Courgettes	<b>Honey Chicken Stir Fry</b> Rice & Broccoli	<b>Cheese &amp; Tomato Pizza</b> Chips & Garden Peas
Allergy Free Pasta	<b>Penne Pasta with Homemade Tomato Sauce</b>				
Allergy Free Jacket Potatoes	<b>Crispy Skin Jacket Potato</b>				
Allergy Free Dessert	<b>Jelly</b>	<b>Fresh Fruit</b>	<b>Vanilla Shortbread</b>	<b>Fresh Fruit</b>	<b>Orange Cookie</b>

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Ready to  
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